



How to go Out to Lunch...

1. Choose your filling:

Basics... All £2.20

- Chicken Mayonnaise & Salad
- Ham Salad
- Beef & Tomato
- H Bacon, Lettuce & Tomato
- Tuna Mayonnaise & Salad
- V Cheddar & Pickle
- V Egg Mayonnaise & Cress
- T/V Mozzarella, Pesto & Tomato
- V Swiss Cheese, Mustard Mayo & Salad
- H One Hot Filling: Bacon or Sausage or Egg

Classics... All £2.50

- Coronation Chicken
- Thai Sweet Chilli Chicken & Coriander
- Chicken Tikka Masala
- Chicken Mayo, Bacon & Lettuce
- T Ham & Cheddar
- T Beef, BBQ Sauce & Cheddar
- T Ham, Swiss Cheese, Mustard Mayo & Tomato
- H Egg Mayonnaise & Bacon
- H Bacon, Avocado & Salad
- H Bacon, Stilton & Lettuce
- H/T Bacon & Cheddar
- H/T Brie, Bacon & Redcurrant Jelly
- T Meatballs, Cheese & Italian Sauce
- Prawn Mayonnaise & Lettuce
- Prawn & Crab in Marie Rose Sauce
- T Spicy Tuna Melt & Cheese
- V Houmous, Black Olives & Salad
- V Mozzarella, Avocado & Tomato
- H Any Two Hot Fillings: Bacon, Sausage, Egg

Premium... All £2.80

- H/T The Big BBQ (BBQ Chicken, Bacon and Cheddar)
- T Creamy Chilli Chicken & Cheese
- H Caesar Chicken, Parmesan, Bacon
- Meat Feast (Pastrami, Beef, Ham)
- T Pastrami, Swiss Cheese & Dill Cucumber
- T Breakfast Panini – Beans, Sausage, Bacon, Cheese
- Prawn Mayonnaise, Avocado & Lettuce
- V Cream Cheese, Roasted Vegetables
- V Roasted Vegetables, Cheese & Italian Tomato Sauce
- H All Three Hot Fillings: Bacon, Sausage & Egg

Ask in store for our current list of specials.

The Key:

H – Hot Bacon/Sausage Option

T – Recommended Toasted Panini Filling

V – Meat Free – please note not all our cheeses are 'vegetarian'

2. Choose your bread:

- White Baguette,
- Wholemeal Baguette (+20p)
- Ciabatta soft or toasted,
- Healthy Option Salad Bowl
- Sandwich wholemeal or white (-20p)
- Toasted Panini (5 mins to toast)
- Jacket Potato (10 mins to prepare)

3. Any Extra Fillings? – All 30p

- Hot Mushrooms, Black Pudding,
- Fried Tomato, Fried Onion,
- Avocado, Olives, Cheese, etc...

4. Choose salad and sauces - FREE!

- Basic Salad = Lettuce, Tomato & Cucumber
- Extra Salad Items = Sweetcorn, Red Onion, Cress
- Sauces = Flora, Mayo, BBQ, Tomato Ketchup, Brown Sauce, Mustard, Chilli Sauce, Mango Chutney, Redcurrant Jelly, Pickle, Italian Tomato Sauce

5. If you are having Bacon, would you like it hot?

Please note:

All our products are made fresh to order and as such, during busy periods you may have to wait a little longer for paninis to toast, bacon to cook or jacket potatoes to prepare. To save the wait why don't you pre-order by telephone?